

# Thursday, September 21



Friday, September 22 | 8am Mass

Students are to be in full dress uniform. Students are not to use non-uniform free dress coupons on Mass days. If a student's birthday falls on a Mass day, they may wear free dress the day before OR after.

Friday Prayer & Send-Off

2:35pm.



Fall sports officially gets underway this weekend! Parents are advised to check the website for scheduling changes, cancellations, rain-outs, etc. or simply sign-up for text/email alerts. The league website is: [leaguelineup.com/catholicsportsleague](http://leaguelineup.com/catholicsportsleague)



Under the direction of Ms. Andersen, the children's choir will sing at the 10am Mass Sunday, September 24. Please join the HT community in prayer and celebration.



Monday morning assembly conducted by Grade 4

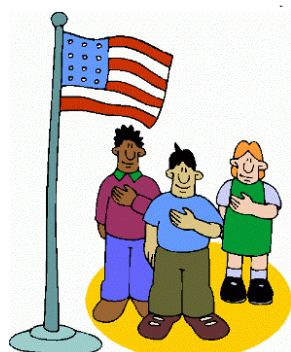
The Disciples of Christ will be recognized at this assembly and will enjoy pizza with the principal Tuesday, September 26.

STAR testing continues (K-8) and has been extended to Friday, October 6.

Tuesday is Deposit Day

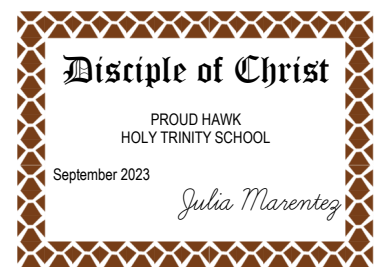


Students participating in band will have their first class Wednesday, September 27.



Congratulations to our Disciples of Christ for the month of September-Character Trait: Responsibility

- PS: Everly C.
- K: Ryan R.
- Gr. 1: Kristan M.
- Gr. 2: Kingston C.
- Gr. 3: Luke A.
- Gr. 4: Amelia Y. T.
- Gr. 5: Kyle T.
- Gr. 6: Carter S.
- Gr. 7: Mariam K.
- Gr. 8: Mae T.



# HOT LUNCH

October hot lunch menus are due Wednesday, September 27 by 1pm. Remember to take a picture of the menu for easy reference.

## IN TODAY'S PARENT ENVELOPE

- Light the Night Flyer (HC & E)
- Lumpia & Lemonade Pre-order Form (HC)
- Multicultural Day (E)
- Parent Directory (HC)
- Running Club Registration Form (HC)
- Ukulele Club Flyer and Sign-Up Form (E)

**Every Wednesday is an Early Release day (1pm) with the exception of Wednesday noon dismissal on November 15 & 20.**



Please keep the following people in your prayers:

- ◇ Nadine Leivas
- ◇ Marry Macie
- ◇ Patricia Pogosian
- ◇ Dominic Tarantino
- ◇ Our HT families
- ◇ Fr. Rey Manaham and our HT parishioners
- ◇ For the HT faculty and staff
- ◇ For those we pray for in the silence of our hearts



Roy A., **TODAY!**

Mikayla M., September 22

Robert D., September 23

Adam H., September 24

Mia V., September 24

Shanell K., September 26

Ty B., September 27

(Birthdays are posted weekly.)

## Be Our Best

Congratulations to this week's BOB card all-stars!

Preschool: Mason A. & Jaylen K.

Kinder: Itzel C.

First: Annabella A.

Second: Kingston C.

Third: Savannah J.

Fourth: Logan A.

Fifth: Alexander J.

Sixth: Mikayla M.

Seventh: Christian K.

Eighth: Mae T.



Interested in coaching football? **A service hour opportunity!** If you would like to help in this way, please contact Steve Funk, Athletic Director (facilities@holyltrinityhawks.com).



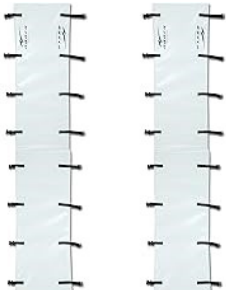
These students received a non-uniform free dress coupon. **These coupons are not to be used on Mass days.**

Thank you Mrs. Clara Ballo , Mrs. Suzanne Kelso, and Ms. Melissa Jarvis for your donation!

<https://www.signupgenius.com/go/10C0944AAA92FA4F9C34-hawks>



**A service hour opportunity!** For every \$10 spent, you may credit yourself with one service hour. Please see the items listed on the **Sign-Up Genius** requested on behalf of the athletics program. **Receipts must be submitted to school for service hour validation.** Thank you.



Because football games will be played on our field, it is time to open up the Snack Shack. Please consider signing up for a shift. Older brothers and sisters may help out but must be at least 18 years old. If two family members both sign-up, that's service hours x 2! See the link and sign-up today!



<https://www.signupgenius.com/go/10C0944AAA92FA4F9C34-44081429-flag>

**The next parent envelope will be Thursday, September 28.**  
There is a \$2.50 charge if the parent envelope is lost.

**Service hour opportunities:**

- Multicultural Day is set for Friday, October 6. Please see the informational flyer attached digitally today.
- Fall Festival is scheduled for Saturday, October 21. We are awaiting approval from Fr. Rey to move it to Friday, October 20.
- Running Club will begin next month Monday-Friday 7:10-7:45am. We do have a volunteer to chair this but he can sure use your help!
- If you are interested in having your Grade 5-8 student join the Ukulele Club, please complete the interest form using this link: [Ukulele Club Interest Form \(google.com\)](#) and/or see the flyer attached digitally. This program is scheduled to begin Monday, October 16.

# DON'T FORGET



# DEPOSIT DAY

**Tuesday, 9/26/23 @ 9 am**



[www.inlandfederal.org](http://www.inlandfederal.org) – 619-444-5656 – 8811 Grossmont Blvd., La Mesa 91942

**October hot lunch menus are due Wednesday,  
September 27 by 1pm.**

# DO IT ANYWAY

MOTHER TERESA

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*People are often unreasonable, illogical and self centered;  
Forgive them anyway.*

*If you are kind, people may accuse you of selfish, ulterior motives;  
Be kind anyway.*

*If you are successful, you will win some false friends and some  
true enemies;  
Succeed anyway.*

*If you are honest and frank, people may cheat you;  
Be honest and frank anyway.*

*What you spend years building, someone could destroy overnight;  
Build anyway.*

*If you find serenity and happiness, they may be jealous;  
Be happy anyway.*

*The good you do today, people will often forget tomorrow;  
Do good anyway.*

*Give the world the best you have, and it may never be enough;  
Give the world the best you've got anyway.*

*You see, in the final analysis, it is between you and your God;  
It was never between you and them anyway.*

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*Mother Teresa*